



Camp Stevens

Summer Camp Sample Menu

The Camp Stevens Kitchen is dedicated to serving campers delicious and nutritious meals that appeal to people of all ages and tastes. We do our best to include as many local, organic; and fresh ingredients as possible. Many items on the menu are sourced directly from our organic farm and gardens.

**Please note that this sheet is meant to give a general idea of our food service. The menu is subject to change.*

SUNDAY

D: Sunday: Spaghetti w/ meat and marinara sauce, roasted carrots, garlic bread, garden salad, cookies

MONDAY

B: Honey wheat pancakes, turkey sausage, fruit, Orange Juice, cereals & milks

L: Burritos – flour tortillas, rice, beans, shredded cheese, sour cream, salsa, chips, salad & dressing, fruit

D: Turkey Burgers, garden salad, potato salad, watermelon

TUESDAY

B: Bagels and cream cheese, with hard boiled eggs, fruit salad, cereals & milks, Orange Juice

L: Mac & Cheese! Pan grilled turkey hot dogs, carrot sticks, salad & dressing, fruit

D: Asian Stir Fry w/ marinated chicken, garden vegetables, rice, garden salad & dressing, chocolate cake

WEDNESDAY

B: Scrambled eggs, hash browns, salsa, fruit, cereals & milks, OJ

L: Ciabatta grilled cheese sandwiches, tomato soup, salad & dressing, fruit

D: Cookout over open fire with adventure group – possibilities include: baked potatoes, chili, quesadillas, hot dogs, calzones, etc.

THURSDAY

B: Cookout over open fire with adventure group – possibilities include: French Toast, eggs and sausage, breakfast burritos etc.

L: Red Bean Chili and Cornbread, maple butter, cheese, sour cream, salad, dressing, fruit

D: BBQ chicken, grilled vegetables, sweet potatoes, corn on the cob, salad & dressing, ice cream sandwiches

FRIDAY

B: Cinnamon Rolls, chicken-apple sausages, fruit, cereals & milks, Orange Juice

L: Pizza – Pepperoni, cheese, veggie, carrot sticks, garden green salad, fruit

**** Homemade Bread, butter, Peanut Butter & Jelly are at every meal ****